

# Challenge 2022



# Challenge 2022: Activities

- Raft building
- Jacob's ladder
- Archery
- Climbing tower
- Zip wire
- Hill walking
- Bivouac building
- Underground maze



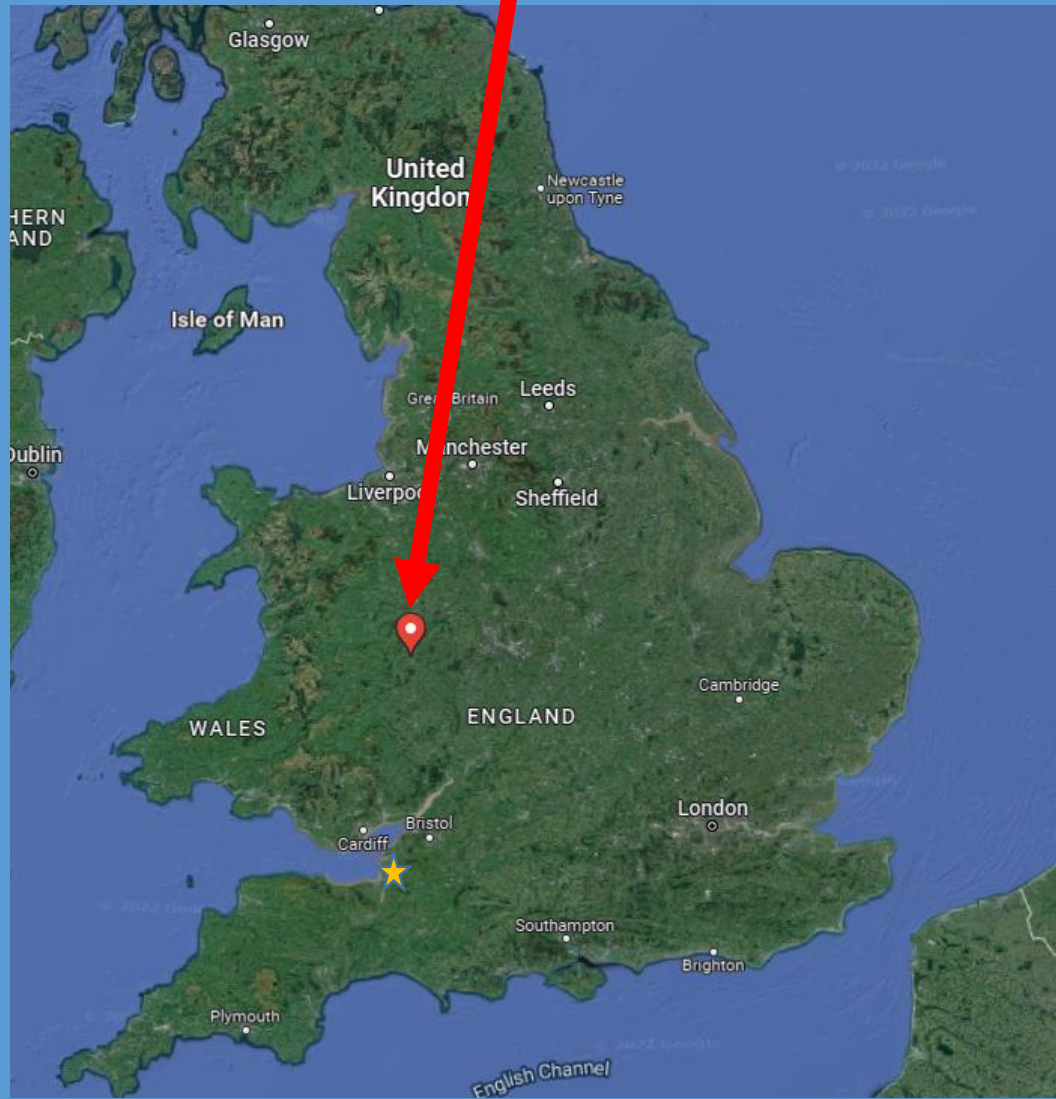
- Evening walk
- Abseiling
- High ropes
- Canadian canoeing & kayaking
- Rifle shooting
- Survival skills
- Obstacle course

# Location

- Shropshire
- To the South of the Shropshire Hills  
AONB
- Culmington Manor site run by  
Manor Adventure.



# Culmington Manor







Chateau Du Broutel

Manor Adventure



Google







# Arrangements

- Arrive at Upper School, Imberhorne Lane on Monday 27<sup>th</sup> June at 09.00 am
- COACH DEPARTS AT 9.30 am
- Coach lists: will be displayed in school
- Return back at 4.00 - 4.30pm on Friday 1st July – We will post a message on our Imberhorne Facebook Page (you do not need an account to view) when we are on the way home to give a more accurate time as soon as we have one.
- Students should have a packed lunch or money to buy lunch from the service station on the way there
- Students will be given a packed lunch for the way home
- Bring medication needed for the week – please hand it to the relevant coach leader
- Students are allowed cameras but no expensive ones please!
- A small amount of money (about £10- £15) will be enough for the week
- Pack some snacks!



## Accommodation

- All rooms have their own toilet and shower facilities. All doors to the rooms have keypads that students will be given their access code for
- Students need to bring a pillow, towel and sleeping bag
- Rooms are a mix of sizes – 6, 8, 10 and 16
- A member of Imberhorne staff will be the site leader for each accommodation area
- Each accommodation area will also have a member of staff responsible for medication





# Room Allocation

**Room allocations are organised by the school**

**These will be shared after half-term**

**Any major concerns should be made only via e-mail and should come from parents/carers only [dmonckton@Imberhorne.co.uk](mailto:dmonckton@Imberhorne.co.uk)**

**Changes will be met only where possible and if appropriate**

**Students have filled out their request forms already. Most are in groups of 4/5/6. This means that combining groups in to rooms is likely**

# Example Itinerary

- 07.30 – Rise and shine
- 07.30 – 08.20 – Breakfast
- **09.10- 10.30 – Activity session 1**
- 10.30-10.45 - Break
- **10.45- 12.15 – Activity session 2**
- 12.15- 14.00 – Lunch time
- **14.00 –15.30 - Activity session 3**
- 15.30 – 15.45 - Break
- **15.45- 17.15 – Activity session 4**
- 17.15- 19.00 – Evening meal and free time
- **19.00 – 20.30 Activity session 5**
- 20.30 -22.00 Get ready for bed
- 22.00 Asleep

Groups of 12 for activities  
with an instructor &  
member of staff

Very likely to be in groups  
similar to rooming request



## Photos

Given the remoteness of the location, internet access and 4G might be limited.

We may not be able to upload photos to the school Facebook site whilst we are away.

We are often inundated with requests and want to pre-empt any possible disappointment if you don't see a photo of your son or daughter

# Food

- **3 hot meals a day are provided**
- **Bring some snacks**
- **There is a SMALL shop – it only sells sweets**
- **Make sure we know about any allergies or dietary requirements**



# Rules

- **Do not bring any banned items in luggage.**
- **No mobile phones or other electronic devices.**
- **It is not permitted to enter other bedrooms. Boys in girls rooms and vice-versa is strictly forbidden.**
- **Always listen to and follow instructions.**

Not  
covered  
by  
insurance

Packed schedule



Imberhorne  
Staff will be  
easily  
contactable  
in case of  
emergency

Mobiles will be confiscated for the week and a sanction  
will be given on return to school



# Safety

- Fully qualified instructing staff
- 1: 10 Imberhorne staff ratio (20 total)
- 5 Sixth Form students
- All safety equipment provided
- Fully insured

# Kit List

## ► What to pack

Here's a list of things you'll need to pack – along with a few that aren't essential but could be useful.

### Things you need

- Luggage – please restrict this to one case plus one piece of hand luggage.  
(Metal framed rucksacks should be avoided as they are difficult to fit into the coach)
- A freshly laundered sleeping bag and pillowcase
- A drink bottle (essential in the summer)
- Torch (for evening walk)
- Rucksack
- Toiletries etc (please note deodorants must be roll-on, no aerosols)
- Old clothes for activity sessions – (long-sleeved shirts/jumpers, trousers / jogging bottoms (Not denim jeans), T-Shirts and closed-toe shoes are required for nearly all sessions so bring plenty).  
Clothes, shoes and underwear for other times.
- Waterproof clothing (jacket / trousers)
- Large plastic bag for dirty clothes
- Bath towels x 2
- Hat & Gloves in the winter
- Sunglasses, sun cream and hat in the summer
- Pyjamas and slippers
- Swimming kit if you have swimming on your programme (this applies for Culmington Manor only)

### Useful items

- Books, playing cards and other quiet activities
- Money for snacks (sweets & drinks), souvenirs (i.e. postcards). Please bring coins not notes.

### Useful notes

- No jewellery (including piercings), except for stud earrings
- No wellies
- Please name all clothing
- Denim jeans are not ideal for outdoor use



An e-mail will be sent 10 days  
before departure

- **Kit List**
- **Emergency Contact**
- **Address**

## Challenge Medical Consent

### Consent to administer non-prescribed medication on a residential visit

The school will not administer medication unless this form has consent. This information will be kept securely with your child's other records. Whilst away if your child feels unwell the school staff may wish to administer the appropriate non-prescription.

Please do not hesitate to contact [kmoss@imberhorne.co.uk](mailto:kmoss@imberhorne.co.uk) if there are any issues you wish to discuss.

If your child develops the relevant symptoms during the [residential](#) visit, with your consent they will be given a standard dose suitable to their age and weight of the appropriate non-prescribed medication. If symptoms persist medical advice will be sought and if necessary the emergency services called. You will be informed when the school has administered medication on our return by email/verbal conversation with trip leader.

The school will hold a small stock of the following medicines:

**Please select yes/no for each of the non-prescription medications below that you give your consent for the school to administer their stock of during the [residential](#) visit.**

Paracetamol:  
YES/NO

[Ibuprofen](#):  
YES/NO

[Antihistamine](#):  
YES/NO

Diarrhoea Relief:  
YES/NO

If you would like your child to be given travel sickness medication please supply medication suitable for their age and weight in its original packaging with the patient information leaflet

Travel Sickness:  
YES/NO

***I give my consent for the medications ticked above to be administered by the school from their stock and confirm I have administered them to my child in the past without adverse effect.***

Consent Parent/Carer:

Yes, I consent to the above medicines being administered

# Contact Information

## Emergency Contact:

A trip mobile number will be provided before departure

Payment Enquiries: Kayleigh Moss  
[kmoss@imberhorne.co.uk](mailto:kmoss@imberhorne.co.uk)

Medical Issues: Mrs Cook  
[scook@imberhorne.co.uk](mailto:scook@imberhorne.co.uk)

General Enquiries/Rooming: Mr Monckton  
[dmonckton@imberhorne.co.uk](mailto:dmonckton@imberhorne.co.uk)

# Challenge 2022

➤ **27<sup>th</sup> June -1st July**

➤ **Depart 09.00/09.30 on Monday 27<sup>th</sup> June**

➤ **Return 16.00/16.30 on Friday 1st July**

➤ **See you there!**