

## Activities to choose from for GCSE P.E

| Team            | Individual                 |
|-----------------|----------------------------|
| Football        | Amateur Boxing             |
| Badminton       | Athletics                  |
| Basketball      | Badminton                  |
| Camogie         | Canoeing/Kayaking (slalom) |
| Cricket         | Canoeing/Kayaking (sprint) |
| Dance           | Cycling                    |
| Gaelic Football | Dance                      |
| Handball        | Diving                     |
| Hockey          | Golf                       |
| Hurling         | Artistic Gymnastics        |
| Lacrosse        | Equestrian                 |
| Netball         | Rock Climbing              |
| Rowing          | Sculling                   |
| Rugby League    | Skiing/Snowboarding        |
| Rugby Union     | Squash                     |
| Squash          | Swimming                   |
| Table Tennis    | Table Tennis               |
| Tennis          | Tennis                     |
| Volleyball      | Trampolining               |

You must have **three** sports from the list above and fulfil the following criteria for choosing the desired sports.

1. Must have **1 team** sport
2. Must have **1 individual** sport
3. Choose one more sport (either team or individual)

**N.B** students can only be assessed **once** in any activity, including where an activity is included in both the individual activity list and team activity list. E.g. they may **not** be assessed in **both** singles tennis and doubles tennis.

Name:

Chosen sports are:

| Team | Individual | Team/Individual |
|------|------------|-----------------|
|      |            |                 |