



SIXTH FORM

Community Sports

LEADER AWARD



WHY CHOOSE CSLA?

The CSLA is a nationally recognised qualification, and can be seen as an excellent stepping-stone for voluntary work, jobs and further training for sports development, leisure management and sports coaching.

HOW USEFUL WILL IT BE?

The prime aim of the CSLA is to produce responsible, motivated and confident people who can lead safe, purposeful and enjoyable sporting and recreational activities. It is also designed to encourage people to get involved in organising and assisting with the provision of sport on a voluntary basis.

The Award provides a common foundation for the coaching schemes of the National Governing Body of Sport. As such it concentrates on improving the leadership skills required to plan and prepare a sports session, deliver a session and evaluate the activity.

The CSLA is divided into eight units of work. Candidates must complete all eight units, including the voluntary leadership experience, to the satisfaction of the Course Director in order to qualify for the CSLA.

WHAT WILL YOU NEED TO DO TO BE SUCCESSFUL?

Students will need a genuine interest and enthusiasm for Sports Leader Awards. They will also need to be able to manage their time wisely to ensure that they complete voluntary hour deadlines. The success of the candidate and the course will depend on the ability of students to work both as individuals and as part of a team.

There is an expectation that CSLA candidates become involved with some of the Primary School extra-curricular sports activities programme and /or support Lower School PE lessons.

WHAT WILL YOU STUDY ON THE COURSE IN YEAR 12 – THE CSLA?

Students will complete the following units:

Unit 1: Organisational Skills.

Unit 2: Safety in Sport Unit 3: Know Your Friends.

Unit 4: Fitness Sessions for Sport.

Unit 5: Organisation of Events and Competitions.

Unit 6: Improvisation and Adapted Games.

Unit 7: Games and Activity Experience.

Unit 8: 10 Hours Voluntary Experience – Usually achieved through work with the local Primary Schools.

ENTRY REQUIREMENTS

Completion of the Junior Sports Leader Award (JSLA) or equivalent experience.

HOW IS THE AWARD ASSESSED?

Each unit within the CSLA has learning outcomes against which the sports leaders will be assessed. Once these learning outcomes have been met, the unit tutor can sign for that unit. Candidates will need to demonstrate their practical leadership skills and knowledge, and show a positive attitude and approach to working as a sports leader.

Certificates will be issued by Sports Leaders UK. CSLA candidates have the right to appeal against a decision made by the course director. The final decision will be made by the external moderator and Sports Leaders UK.

For further information please contact: Mrs N. Hughes